



Preeclampsia

Quick Facts

What It Is:



Starts after you are **pregnant for 20 weeks or more**



High blood pressure

Either number is more than:

Top Number: 140 or More

Bottom Number: 90 or More



Harm to your body

- Preeclampsia hurts organs like your kidneys, liver, brain and heart
 - Getting care quickly helps protect your health
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How Doctors Test For It:



Check your blood pressure



Check your urine and blood to see if your organs are okay



Check the blood flow to your baby with an ultrasound



What to Expect if You Have It:



You may need to stay in the hospital. You and your care team will work together to make a safe plan.



You may need medicine to lower your blood pressure. You may need medicine to protect you from having a seizure.



Your healthcare team will do tests to check how preeclampsia may be affecting your body. Early testing helps them give you the right treatment quickly.

These tests are checking:

- How well your kidneys are working
- If your liver is healthy
- If your blood is clotting like it should



You will need more ultrasounds. The ultrasounds will make sure your baby is getting enough nutrients and is healthy.



Important: After Your Baby Is Born

Preeclampsia doesn't end when your baby is born. Your body needs time to heal. During this time:

- You can still develop preeclampsia up to 6 weeks after delivery
- Your blood pressure may take up to 6 weeks to return to normal
- Keep all your follow-up appointments
- Call your doctor if you don't feel well