



Tips for Getting Help with Languages

Your Have the Right to Have a Translator

- Hospitals in the United States must provide translators for free
- Medical translators can usually better communicate medical information than a family member

Ways You Can Ask for a Translator

- "I would like a translator, please."
- "Is there a translator?"
- "I feel more comfortable with a translator. How can we get one?"

If asked to use a family member:

- "I prefer a professional translator to keep my health information private."
- "I want to make sure nothing gets missed. Can we use a professional translator?"
- "Using my family member might be awkward. I'd feel better with a professional translator."

Getting Written Information in Your Language

Having written information in your language helps you remember important details about your healthcare after you leave the doctor's office.

What you can say:

- "Can I get this information in [your language], please?"
- "Do you have any handouts or brochures in [your language]?"
- "Could you please provide written instructions in [your language]?"